

Connecticut's Ms. Golden Girl Pageant Presented by




Contestant Guide

Welcome to the Connecticut's Ms. Golden Girl Senior Pageant Presented by Hamden Rehabilitation and Health Care Center!

We are excited to have you, or your senior join us as a 2021 contestant in the inaugural pageant program. Please find this guide as a resource as you prepare yourself or your senior for the quest to the crown.

Below is a brief checklist to help you prepare to compete in the 2021 Pageant. Changes will be communicated, as necessary.

More complete information follows:

|  Dates | Item |
|---|---|
| September 1, 2021 | Pageant Opens- Submit Contestant Information, Photo & Video Release, Introduction & Talent Video |
| October 20, 2021 | Submission Deadline- Pageant Submissions close at 5PM |
| November 12, 2021 | Winners and Crowns Awarded at Pageant Party- Hamden Rehabilitation and Health Care Center or via Zoom |

Requirements:

- Must be a senior woman, 60 years young or older. Residents of Long-Term Care Facilities, Assisted Living Facilities, Senior Living Facilities, Adult Day Cares and Senior Centers are all encourage to participate but not required. Must have access and ability to be videotaped along with a valid email address for communication and video submission. Submissions will be virtual. Winners will be celebrated in person (if possible) at Hamden Rehabilitation and Health Care Center.
 - **Submission Details:** When submitting paperwork, videos and photos please submit in one email and list Contestants Name in Subject Line.
 - **Contestant Information Form:** Complete, review and sign. Completed documents, photo and video must be emailed to Michelle Riley, at mriley@hamdenhealth.com to be considered no later than **October 20, 2021, by 5PM.**
 - **Contestant Photograph and Video:** Submit contestant photograph in .jpeg format by emailing mriley@hamdenhealth.com with your application. Photographs should be high quality head and shoulders only and show contestant at best advantage and suitable for publication.

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Phases of Competition: (To be video recorded and submitted)

Personal Introduction- Limit to 90 Seconds

Contestants are required to introduce themselves with the following information. **(Creativity and Energy is a Plus)**

Example: “Good Morning, my name is Jeannie Smith from City & State and facility if applicable! It would be my honor to be the first Connecticut Ms. Golden Girl 2021. I enjoy..... (insert any further information to share here i.e., activities, foods, hobbies)”

** We must have name, and facility (if applicable) in video **

Talent- Limit to 90 Seconds

Contestants must perform a talent of her choosing. Some examples include, reading a poem, telling a joke, singing, reciting a prayer, a magic trick, playing an instrument, dancing (solo or with a partner). The ideas are endless! Have fun with it!

Questions-

Contestants will be required to answer two simple questions:

“What is your life motto?”

“What is or has been your biggest joy of life?”

**ALL VIDEOS MUST BE SUBMITTED WITH CONTESTANT INFORMATION, PHOTO/VIDEO
RELEASE, and PHOTO to MRILEY@HAMDENHEALTH.COM**

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Contestant Information

Contestant Name: _____

Facility/Center Name: _____

Facility Address: _____

City: _____ State: _____

Activity Director Name: _____

Phone #: _____ Email Address: _____

Nickname:

Spouses Name:

Years Married:

Number of Kids:

Number of Grand Kids:

Number of Great Grandkids:

Hobbies and Interests:

Favorite Food:

Talent Description:

I have read and understand the information in the Contestant/Facility Agreement form.

Signature of Contestant:

Printed Name:

Date and Time:

Signature of Activity Director:

Printed Name:

Date and Time:

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Photo and Video Release Consent:

I authorize Hamden Rehabilitation and Health Care Center to use photographs and/or videos, of _____ (contestant name) for the following uses:

- Social Media, Facebook, Instagram.
- Website
- In Print publications such as brochures, information packets.
- In the public media, such as newspapers, magazines, on the internet, and on television

I consent to the use of my name. I understand that I may be identified by name in printed, internet or broadcast information that might accompany the photo or video image of me. **-OR**

I do not consent to the use of my name. I understand that, even though my name will not be used, it is possible that someone may recognize me based on the image(s) alone.

I understand that:

- I may revoke this Authorization at any time:
 - The revocation will not apply to information that has already been released in response to this authorization.
 - I must revoke this Authorization in writing. The procedure for revoking this Authorization is to present my written revocation to Michelle Riley via email: mriley@hamdenhealth.com

I have read and understand the information in this Authorization form.

Signature of Contestant:

Printed Name:

Date and Time:

Signature of Authorized Representative:

Printed Name:

Date and Time:

Thank you again for your interest in Connecticut's Ms. Golden Senior Pageant. We look forward to having a successful and fun inaugural pageant experience. If you have any questions, please reach out to me.

Michelle Riley

mriley@hamdenhealth.com or 203.281.7555